Pebble Brook School



YEARLY OVERVIEW 2023/24

SUBJECT/ AREA: PE SUBJECT LEADER: CHAIMAA OGUIRHIL DATE: September 23

TERM	AUTUMN TERM 2023		SPRING TERM 2024		SUMMER TERM 2024	
Dates	4/01-20/10	30/09-19/12	4/01-9/02	19/02- 28/03	16/04-24/05	3/06-23/07
	Yoga - links to mindfulness/zones of regulation	Dance - Christmas concert dance	Boxing - build resilience & perseverance	Work out videos - encourage independence in picking appropriate videos	Gym - travel training link?	Outside games - students vote for activities, team work and democracy