

**Subject name: Life Skills KS5**

**General Statement of Intent**

The Life Skills Curriculum in KS5 has been developed to ensure pupils have a broad and progressive programme that will help them develop the skills and knowledge they require to establish confidence and independence within adulthood.

The curriculum matches the needs of our learners (who have learning difficulties), who may have limited access to positive role outside of the school environment and in the community. This may mean they then can have a limited understanding of life skills they require to become more independent and confident both in their home and work lives.

Our aim/challenge is to ensure students understand what and why they are learning Life Skills and to see the value in knowledge and skills that they are gaining is then transferable to real life situations.

Life Skills Curriculum is delivered throughout different subjects such as finance, housekeeping and cookery where students are given real life examples and, where possible, take part in practical, hands-on tasks.

In addition, we also develop;

- Social communication,
- Travel training and
- Horticulture knowledge/skills
- Life skills projects such as the Lunch Cafe

(Please see separate intents documents for these subjects.)

Where possible, students take part in practical tasks in our well-equipped and specially designed rooms. We have a Learning Kitchen - this is equipped with various white goods such as a dishwasher, fridge etc. Living Skills Room – this is designed to look like a small apartment with a bed, table, washing machine, tumble dryer and iron.

The Life Skills knowledge/skills that students will gain from our Preparation for Adulthood Curriculum in 6<sup>th</sup> Form are presented in the development of soft skills such as;

Confidence and competence in variety of tasks,

Communication,

Organisational skills,

Team work,

Listening to instructions,

Time keeping

And these skills are taught within the specific sessions of;

- Finance- Where money comes from, banking, budgeting, financial debt prevention, getting your own place, how to find financial support.
- Cooking- meal planning, kitchen health and safety, food storing, use of utensils, making shopping lists, buying the ingredients, food preparation
- Housekeeping- dusting, floor care, changing bedding, cleaning windows, cleaning the kitchen and bathroom areas, clothes care, house storage solutions.

Cross curricular links:

Finance sessions is linked with Maths and PSHE.

Housekeeping is linked with PSHE.

Cooking is linked with Maths, Finance session and PSHE.

Lunch Café is linked with Enterprise, Maths, English, Finance and ICT.

Main sixth form students take part in all sessions that are delivered as a 1- 1.5 term block, whereas our high needs learners have on-going sessions differentiated to their needs and capabilities.

Assessment strategies including external examinations

Against Skills, SIRS and W4U targets on Earwig assessment software.

Progress files to be completed by teacher and students.

Any additional notes