Physical Education

General Statement of Intent

PE at Pebble Brook helps to encourage our pupils to maintain their physical health as well as improve their positive mental health and social wellbeing through sport. The ultimate goal is for every student to be able to engage with other children and be able to join in, bringing out the best in everyone.

The PBS PE curriculum provides opportunities for students to feel supported in every lesson by high-quality quality Teaching Assistants and Teaching Staff. We encourage and model a lifelong love of a range of sports. The sports we choose give our pupils the chance to try something new, such as trampolining as well as encouraging them to have fun.

Our curriculum is inclusive of all abilities and needs. A high number of our pupils have poor fine and gross motor skills and motor planning. We have a highly differentiated approach in each lesson with pupils working 1:1 with staff or in small groups. Our pupils also have difficulties interacting with others, often with very little resilience. Through high expectations, support, and adult modelling, pupils are encouraged to develop their own social skills at their own pace.

Our resources are adapted to meet the needs of our pupils such as balloons for tennis, large rackets, different-sized balls, coloured balls (VI students), smaller nets, adapted rules etc

In Key Stage 3, our intent is to develop key skills in a wide range of sports, encouraging working together.

In Key Stage 4, pupils continue to develop their skills further, whilst providing them an opportunity to work towards qualifications.

All pupils have the opportunities to represent their school in sports activities, such as badminton, football, rounder's and basketball

Knowledge and Skills

Key Stage 3

- Developing skills: throwing, catching, movement, batting and motor control
- Working individually
- Working together in pairs, groups, or as a team

Key Stage 4

- Continuation of skill development (as above)
- Rules of different sports

OCR Entry level Physical education - Which is an inclusive way for students who enjoy Physical Education to gain a qualification.

Assessment strategies including external examinations	KS3 Adult observations Development of skills EARWIG KS4 Adult observations Development of skills EARWIG OCR physical education entry level 1,2,and 3
Any additional notes	