

Subject name: Food and Textiles Technology

General Statement of Intent:

The intent of our food and textiles technology curriculum is to provide pupils with the ability to lead a happy and healthy life. Learning how to cook is a crucial life skill, and will give pupils the opportunity to use their imagination, and gain a sense of achievement of starting and finishing a recipe. They can all enjoy making simple meals from scratch that will feed a family, and build on the complexity of these recipes as appropriate for each child. They will experience food from different countries, and have the opportunity to participate in multicultural Masterclasses. Most importantly food cooking will be fun, and there will be Bake Offs, Bake Sales and Masterclasses whenever possible. Food and home cooking will mean pupils try new foods, and have the opportunity to broaden their palates.

The textiles curriculum encourages students to explore, enjoy, and develop their creative thinking skills. They will work with fabric, and learn basic hand stitches and various fabric decorating techniques. The sewing lessons will help pupils to improve abilities like hand dexterity, communication skills, as well as their character traits like confidence, patience, and creativity. In other words, if pupils develop an interest in the subject, it's one of the best hobbies they could have.

Knowledge and Skills:

Familiarity of the Eatwell Guide, making healthy food choices, an ability to cook simple favourite recipes from scratch, increasing independence, risk taking, importance of washing up, an awareness of health, safety and hygiene. Development of fine motor skills, creativity, problem solving skills, confidence and patience.

Assessment strategies including external examinations

KS3 pupils are assessed (EARWIG) after every practical lesson, which happens every other week.
KS4 pupils have the opportunity of studying for a BTEC level 1 and 2 in Home Cooking Skills

Any additional notes

Ingredients for cooking lessons are bought by the department for all pupils, meaning everyone has the chance to participate