

**YEARLY OVERVIEW 2023/24**



**SUBJECT/ AREA: Food /Textiles**

**SUBJECT/ AREA LEADER: N. Carberry**

**DATE: July 2023**

		AUTUMN TERM 2022		SPRING TERM 2023		SUMMER TERM 2023	
		Module 1	Module 2	Module 3	Module 4	Module 5	Module 6
<b>KEY STAGE 3</b>	YEAR 7/8/9	<p><b>Food and Cooking:</b> Where food comes from, how to cook a range of dishes safely and hygienically, and to apply knowledge of healthy eating.</p> <p><b>Introduction to the cookery room and learning basic cooking skills</b></p> <p>Using British Nutrition Foundation Schemes of Work supporting the NC as a starting point.</p>		<p><b>Diet and Health:</b> Carrying on from Modules 1 and 2, although in addition they will consider the factors that affect food choice, food availability and food waste.</p> <p><b>Simple recipes for the family</b></p> <p>Using British Nutrition Foundation Schemes of Work supporting the NC as a starting point.</p>		<p><b>Textiles Project:</b> Design and make a bag, using fabric printed material</p>	
<b>KEY STAGE 4</b>	YEAR 10/11	<p>BTEC Level 1/2 Jamie Oliver Home Cooking Skills: Starting with eggs</p>		<p>BTEC Level 1/2 Jamie Oliver Home Cooking Skills: Making one/ two course meals</p>		<p>BTEC Level 1/2 Jamie Oliver Home Cooking Skills: Assessment time</p>	
<b>INTERVENTION</b>	BBB	<p>Introduction to the cookery room; awareness of hygiene and safety, learning simple cookery skills, mainly using the oven.</p>		<p><b>Cooking simple recipes for the family:</b> looking at savoury and sweet recipes.</p> <p>Introduction to using the hob.</p>		<p><b>Textiles Project:</b> Improving fine motor skills through a range of craft activities, including a simple sewing project.</p>	
<b>LIFE SKILLS</b>	YEARS 12/13	<p><b>Looking after myself: including</b> Washing, dealing with skin problems, brushing teeth, tying shoes laces</p>		<p><b>Around the home: including</b> Using the washing machine, dishwasher, ironing, making my bed</p>		<p><b>Out and About: including</b> What Three Words, wise shopping choices, budgeting</p>	