

Developing Growth Mindset at PBS

We believe everyone can succeed and developing growth mindset has been a great way to take us forward..

Here is a brief introduction... but also look at our Booklet for Parent and Carers.

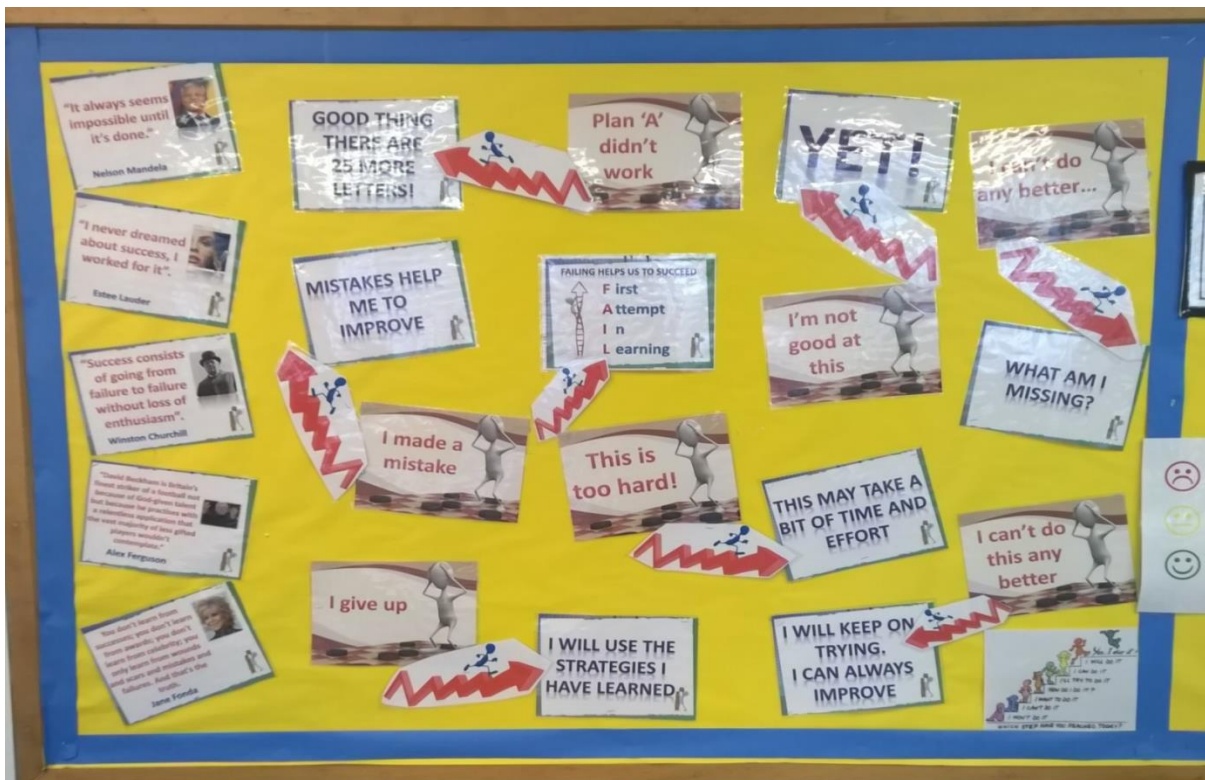
Growth Mindset is an idea from Carol Dweck which has become an integral part and a key focus at PBS. It supports the teaching and learning and helps our pupils to develop their motivation and resilience.

The Mindsets

Mindsets are beliefs—beliefs about yourself and your most basic qualities. Think about your intelligence, your talents, and your personality. Are these qualities simply fixed traits, carved in stone and that's that? Or are they things you can cultivate throughout your life?

People with a fixed mindset believe that their traits are just givens. They have a certain amount of brains and talent and nothing can change that. If they have a lot, they're all set, but if they don't... So people in this mindset worry about their traits and how adequate they are. They have something to prove to themselves and others.

People with a growth mindset, on the other hand, see their qualities as things that can be developed through their dedication and effort. Sure they're happy if they're brainy or talented, but that's just the starting point. They understand that no one has ever accomplished great things—not Mozart, Darwin, or Michael Jordan—without years of passionate practice and learning.



At PBS we encourage our pupils to think about their learning and whether they have used a growth mindset. We reward with merits to show a Growth Mindset for:

- Completing work despite challenges
- Motivation
- Trying something new
- Effective participants
- Outstanding effort
- Positive attitude

As teachers we think about the language we use. When pupils find tasks challenging , we ask them to think and rather than giving up and saying... 'I can't'.... thinking about saying I can't **yet!**

Growth Mindset is all about having 'a can do' and 'give it a go 'attitude.